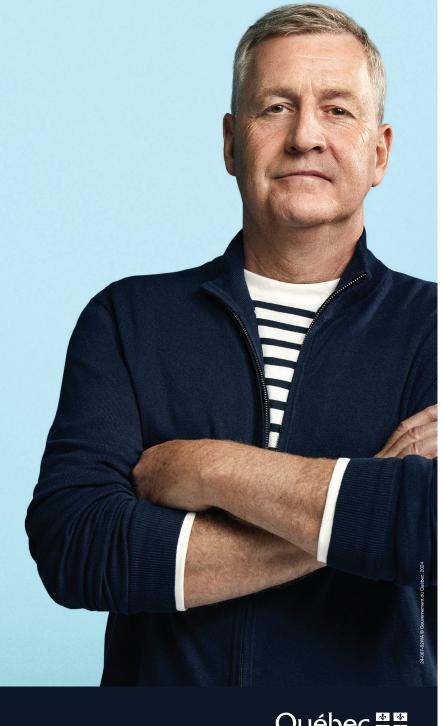
You're strong. **But so** are viruses.

Get vaccinated free of charge against the flu and COVID-19.

You're at greater risk of complications if you:

- are 60 or older:
- are pregnant;
- live with diabetes:
- have a weakened immune system;
- have heart, lung or kidney disease.

Vaccination, the best protection



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For additional information: ccsmtl.ca/campagnevaccination

