

## The renewal of your prescriptions:

### It's YOUR responsibility!

Your pharmacist and your doctor or nurse practitioner are there to support you when it comes to your health. But first and foremost you must make sure that you can take your medication without interruption.

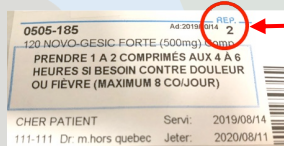


**It is YOUR HEALTH !**

**I schedule an appointment with my doctor or nurse practitioner TWO MONTHS BEFORE my prescriptions expire.**

A period of 2 months will allow enough time to plan an appointment with your doctor or nurse practitioner.

How do I know that I have two months left of my medication ? **Take a look at the labels.**



**THERE ARE 2 RENEWALS LEFT,  
Call the clinic for an appointment!**

You always have information about the number of renewals remaining. Make a habit of looking regularly at your pharmacy labels to avoid surprises.

**I go to my medical appointment with my updated list of medication.**

Having a list of your medications with you at all times helps to avoid errors. Ask your pharmacist to print your list. With most pharmacies, it is also possible to print it yourself or to access it on your phone or your tablet. Ask your pharmacist if this service is available to you.



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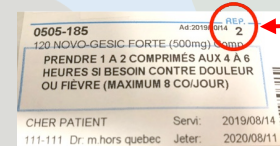


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