

LEARNING TO COOK ONE STEP AT A TIME!

Here are some tasks that kids aged 9 to 12 can do on the daily:

- Washing fruit and vegetables
- Measuring food
- Cracking eggs
- Opening cans
- Peeling fruit and vegetables
- Grating cheese
- Slicing food
- Sautéing food on the stovetop
- Handling small kitchen appliances
- Preparing salads and sandwiches
- Assembling ingredients
- Preparing simple meals and snacks
- Setting and clearing the table
- Washing and putting away the dishes

