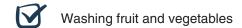
LEARNING TO COOK ONE STEP AT A TIME!

Here are some tasks that kids aged 9 to 12 can do on the daily:



Measuring food

Cracking eggs

Opening cans

Peeling fruit and vegetables

Grating cheese

Slicing food

Sautéing food on the stovetop

Handling small kitchen appliances

Preparing salads and sandwiches

Assembling ingredients

Preparing simple meals and snacks

Setting and clearing the table

Washing and putting away the dishes

