

BERRY VANILLA PARFAIT

Portions: 1

Preparation: 5 minutes

QUANTITY	INGREDIENTS	PREPARATION
60 ml (¼ cup)	bran cereal (e.g. Bran Buds) or muesli	<ol style="list-style-type: none">1. In a clear glass, alternate layers of cereal, yogurt and berries. <p>Note: If you make the recipe in advance, set aside a portion of cereal to add at the last minute to give it a bit of crunch.</p>
125 ml (½ cup)	vanilla yogurt	
60 ml (¼ cup)	fresh or frozen berries	

