

# FRUITY-SALTY NACHOS

**Portions:** 4

**Preparation:** 10 minutes

QUANTITY	INGREDIENTS	PREPARATION
2	large apples	<ol style="list-style-type: none"> <li>1. Slice the apples, unpeeled. Remove the seeds with the tip of a knife.</li> <li>2. Arrange the apples on a plate.</li> <li>3. Spoon the Greek yogurt over the apples.</li> <li>4. Garnish the slices with toppings of your choice.</li> </ol>
125 ml (½ cup)	Greek yogurt	
	choice of toppings: <ul style="list-style-type: none"> <li>• dried cranberries</li> <li>• dried apricots</li> <li>• raisins</li> <li>• dried blueberries</li> <li>• shredded unsweetened coconut</li> <li>• chopped peanuts</li> <li>• slivered almonds</li> <li>• sunflower seeds</li> <li>• pumpkin seeds</li> </ul>	

