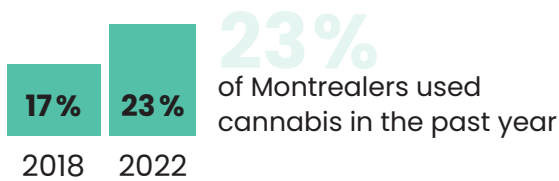# CANNABIS CONSUMPTION IN MONTRÉAL
# SINCE LEGALIZATION

## HIGHLIGHTS

Since the legalization of cannabis in 2018, data from the survey *Enquête québécoise sur le cannabis* (2018 to 2022 editions) have enabled to track the evolution of Montrealers' cannabis consumption and practices.

## An increase in use

**17%** 2018
**23%** 2022

**23%** of Montrealers used cannabis in the past year

## Consumption differs by age group

- **Increase observed** in people aged 35–44 years and those 55 and over

- **No increase noted** in individuals aged 15-17 and 18-24 years

## Change in use practices

→ Frequency of use (daily, regularly, occasionally, etc.) remains stable.

→ Modes of use have become more diverse since legalization:

**SMOKING**
2018 – **93%**
2022 – **80%**
Decreasing, but still the most popular

**EDIBLES**
2018 – **38%**
2022 – **36%**
No significant change, 2nd most popular

**ORAL DROPS**
2019 – **17%**
2022 – **34%**
Increasing

**BEVERAGES**
2018 – **6%**
2022 – **21%**
Increasing

**CAPSULES**
2019 – **5%**
2022 – **17%**
Increasing

**VAPORIZING**
2019 – **17%**
2022 – **19%**
No significant change

**VAPING**
2019 – **16%**
2022 – **20%**
No significant change

Note that respondents can report more than one mode of consumption.
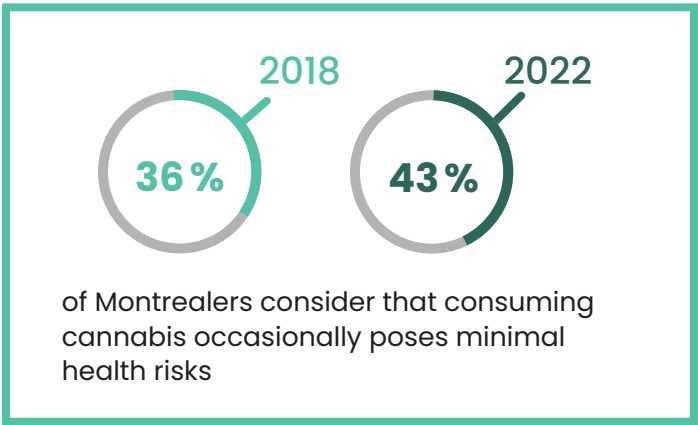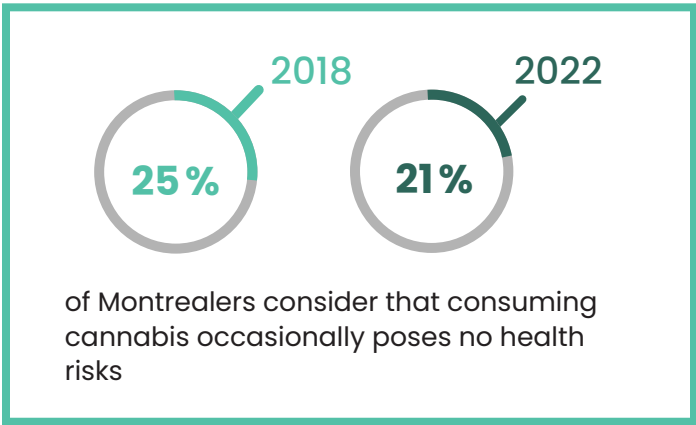
Québec

## Transition from the illegal to the legal market

↑ **SQDC**
2019 – **46 %**
2022 – **68 %**

↑ **OFFICIAL RETAILER IN ANOTHER PROVINCE**
2019 – **7 %**
2022 – **14 %**

↓ **FRIEND, FAMILY MEMBER, ACQUAINTANCE**
2018 – **79 %**
2022 – **44 %**

↓ **ILLEGAL SOURCE**
2018 – **27 %**
2022 – **7 %**

## Changing social norms

➡ Social acceptability has increased significantly:

**2018** — **47 %**    **2022** — **63 %**

of Montrealers stated that it is acceptable to consume cannabis occasionally for non-medical purposes
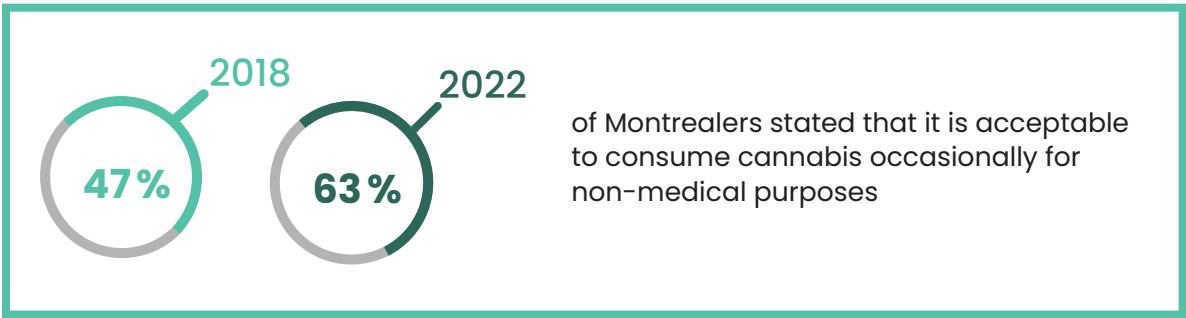
➡ Perception of risk has increased significantly:

**2018** — **25 %**    **2022** — **21 %**

of Montrealers consider that consuming cannabis occasionally poses no health risks

**2018** — **36 %**    **2022** — **43 %**

of Montrealers consider that consuming cannabis occasionally poses minimal health risks

According to this regional portrait, strict cannabis regulations in Québec—including a public retail system—has resulted in consumers switching to the legal market, as well as in avoiding an increase in use among young people.

The regional public health department hopes that releasing these results will help enhance knowledge of the reality in Montréal, and support harm reduction and prevention efforts linked to cannabis consumption in the city.